



The 8 Responsibilities

For the human

1. Don't act like a predator – become mentally, emotionally and physically fit
2. Develop an independent seat/independent feet
3. Think like a horse.man
4. Use the natural power of focus

For the horse

1. Don't act like a prey animal – become mentally, emotionally and physically fit
2. Maintain gait
3. Maintain direction
4. Look where you are going