



## ◀ PARELLI NEWS FROM GENEVIÈVE BENOIT ▶

**Licensed Parelli 3-Star Instructor**

**Parelli Saddle Specialist**

**September 2010**

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Hi everyone!

Fall is here and the leaves are already turning colors in my neighbourhood. It is actually my favourite season, especially for horse activities. Although it precedes winter, fall brings spectacular scenery, lovely cool weather and the disappearance of pesky bugs and flies.

In this issue, I have included the latest update on my fall schedule, learning options for the winter months, a reminder about video coaching options. It's a great opportunity to stay motivated and keep learning during the cold months. In addition, I am pleased to announce my newest coordinator for Quebec.

Enjoy, and keep it natural!

## Fall Clinics and Workshops

Here is the latest schedule of clinics and workshops for this fall. You can also find the updated schedule on my web site by clicking on

[Geneviève's Schedule](#)

and on the Parelli web site under Canadian Instructors/Geneviève Benoit

**September 26<sup>th</sup> – Free Parelli Meet Up at Friendly Acres Ottawa.** Come see a short demo, meet the instructor and discover what Parelli is all about. Snacks will be provided. Please confirm your attendance **Kara-Lee Golota** at [klgolota@gmail.com](mailto:klgolota@gmail.com) or **(613) 255-2804**

**September 26<sup>th</sup> to 30<sup>th</sup> - Lesson days in Ottawa.** Book your private, semi-private or group lesson. There are still a few openings available. For info and registration, please contact **Kara-Lee Golota** at [klgolota@gmail.com](mailto:klgolota@gmail.com) or **(613) 255-2804**

**October 3<sup>rd</sup> – Get Started Clinic in St-Michel-de-Bellechasse, QC.** This will be your last opportunity in 2010 to get started on learning the Parelli program in a clinic setting. This clinic focuses on ground skills and the Seven Games. Info and registrations: **Doris Turcotte 418-844-2924** [doristurcotte@globetrotter.net](mailto:doristurcotte@globetrotter.net) or Clermont **Prévost (418) 884-3008** [flaflamme14@hotmail.com](mailto:flaflamme14@hotmail.com)

**October 15<sup>th</sup> – Lesson day in Oxford, NY.** For info and registration, please contact **Valerie Turner** at [valerieturner@frontiernet.net](mailto:valerieturner@frontiernet.net) or **(607) 843-5060**

**October 17<sup>th</sup> – Lesson day in Marshall, VA.** . For info and registration, please contact **Cindy Hesse** at [chesse@quailrunfarm.com](mailto:chesse@quailrunfarm.com) or **(540) 729-3530**

I will be heading south mid-October to be part of the team coaching the Fast Track students in November at the Parelli Florida location and returning early December. Just before the start of the course, I will be attending the **First Parelli International Rendez-Vous in Jacksonville October 22 to 24**. Don't hesitate to come and say hello if you are there! Amongst other things, I will be hanging out with the [Parelli Saddles](#) team and helping with saddle savvy demos and makeovers.

## Learning opportunities during the winter months

Winter does not mean putting your horsemanship learning on hold, on the contrary! While you playing with your horse may be more challenging due to the weather conditions and you might not be able to travel to events, there are still ways to keep studying and progressing during the cold months.

I will be setting up a series of **Winter Parelli conferences** where you can come and enjoy a great session with like-minded students, without horses! Conferences will be half-days – no need to haul a horse or gear, book accommodations or stalls and you can bring the kids! We'll be discussing key concepts and learning through games and simulations. We are working on setting up locations near Ottawa, Montreal and Quebec City. Topics might include:

- What is Parelli and why do it?
- Horsenalities (all levels)
- Saddle Savvy (all levels)
- Horse Alphabet - Learning the 7 Games (Pre Level 1 and Level 1)
- Secrets to improving your Circle Game (Level 2+)
- Trailer Loading Savvy (Level 1+)
- Imagination Workshop – Making the Games Fun and Adding Purpose (Level 2+)
- Parelli Audition Savvy (all levels)
- Understanding Lateral Manoeuvres (Level 3/4)
- Leads and lead changes (Level 3/4)
- Selecting and Purchasing the Right Horse (all levels)
- Natural Horse Care and Nutrition (all levels)

Tickets will be sold through my coordinators as well as myself, and there will be a discount price for those who want to book for 3 or more sessions. Stay tuned for details, they will be posted on my web site and Facebook as soon as they become available!

## Video coaching – New Packages

Here is another great option to keep up with your learning during winter: the **monthly video coaching** program! This winter I am introducing different packages tiered according to your level of dedication and commitment to progress. The idea is for you to send me short videos of you and your horse so that I can help you, offer advice and pointers as well as personalized feedback on your progress, wherever you are. It's a simple, inexpensive and personal way to keep progressing and to stay on track, it's almost like having me right there with you! No travel or trailer required, all you need is a video camera!

**Leisure Package:** You are just starting out, or are still only dabbling in the program, but still want some regular help. Or perhaps you can only get to your horse on limited time. With this package, you will be able to submit one 10 minute video per month. Coaching will take place over the phone.

4 month subscription                      \$120 plus tax

**Progressive Package:** This one is for the serious Parelli student who may be limited in their play time due to family obligations or limited training facilities, but is still committed to making continuous progress during the cold season. You will be able to send me 2 videos (10 minutes each) each month. Coaching will take place over the phone and you can also send one follow-up question by email about each video that we have discussed. Subscribers to this package will receive one free auditor ticket for any clinic held in 2011.

4 month subscription                      \$250 plus tax

**Dedicated Package:** You are committed to advancing your horsemanship year-round and really want to take advantage of the winter to move up in your levels and achieve results with your horse. You can send me as many short videos of you and your horse as you can muster, and you will also be able to send your follow-up questions by email. It's like having a privileged and almost unlimited access to the instructor. Subscribers to this package will receive 2 free auditor tickets for any clinic held in 2011.

4 month subscription                      \$500 plus tax

**One-Time Video Coaching:** feeling stuck with a particular game or task? You can still send me a one-time video to get help and **individual coaching** in order to make progress. An hourly rate applies in this case.

Contact me to sign up! You must provide your Savvy Club number to register.

## 2011 Clinics

I am taking clinic and workshop bookings for next year, the earlier you can book, the most choice of dates you can have!

Please note that I have lowered my per person rate by 20% this year, and I have no plans to change it in 2011. I am prepared offer further incentives for bookings exceeding 2 consecutive days.

Clinics are for groups up to 10 participants. For Levels 1 and 2, we need an enclosed area that is large enough to accommodate all participants and horses at once. For Level 3, we often need a larger space, like a pasture or big arena to be able to play on longer lines. The facility must have space to park trailers and house horses that are coming for the clinic. An indoor arena is a definite bonus in case of inclement weather, but is not absolutely required.

You need more info on the organization or the contents of a clinic? Visit the *Services/Training* section of the VifArgent web site.



## Introducing my new coordinator for Quebec

Ask and you shall receive as they say, but be prepared to be patient! I have been looking for a coordinator here in Quebec for quite a long time, and I finally met the right person. She's smart, bilingual, available, dedicated to Parelli and very motivated. Meet **Jacinthe Bourdon**, the newest addition to my team.

Jacinthe will be responsible for helping me coordinate and book Parelli training and activities in the province of Quebec. She is based in Montreal. You can reach her at (514) 504-1327 or by email [jabourdon@hotmail.com](mailto:jabourdon@hotmail.com)



I will let Jacinthe introduce herself:

*Even though horses have always been my true passion, they only started to be a part of my life during my late teen years. Like pretty much every one in the greater Montreal area, I started in a hunter school. After some time, I decided to lease a horse and started to learn dressage. This is the discipline I'm still training in with my little mare Fabela, whom I bought four years ago.*

*It is actually because of Fabela that I am now studying the Parelli method. Fabela is not really a difficult mare. However, I experienced a few issues with her and I often felt that we were stuck in our training instead of moving forward nicely. I first learned about Parelli through other boarders at my barn. To be honest; at the beginning I was a bit surprised and unsure. I looked for more information and I finally tried a few techniques with Fabela. I've been hooked since then. This method completely changed my relationship with my mare and I can now do things I didn't even believe possible just a few months ago. I now want to continue to study the Parelli method while training in dressage.*

*I'm really happy to have the opportunity to help Geneviève organize clinics and conferences in Québec. For me, it is a way to share my passion for horses but also for the Parelli method. I'm convinced that this method can bring a lot of positive aspects to any horse and human relationship. This is why I want more horse owners and riders to discover and progress in Parelli. I believe that my project management experience will be useful for the organization of events. My goal is to help create a fun and fulfilling learning experience for the enjoyment of every student.*

*On a more personal note, if I'm not at the barn, I like to spend time with my boyfriend and my family. When I need a little break from my busy life shared between work, school and the barn, I either share a great meal with friends, read a good novel or rent the latest movie.*

**To sublet – outdoor board for horses – October - November 2010!**

Outdoor board in Pont-Rouge, near Quebec City. Large paddock that can accommodate 3 or 4 horses comfortably with a newly built shelter, 300 gallon heated water tank and covered hay feeder by F. Duplessis. Manure is picked up 6 days a week, free choice hay is provided and grain can be fed if required. You have access to a comprehensive facility with dust free indoor arena, cleared outdoor arena with lights, 4 km of maintained riding trails, a large heated tack room and clubhouse, washer and dryer, riding lessons available by a certified QEF coach. Your horses will be well taken care of and the owner is respectful of students who practice Parelli. **The board is available Oct 15 to Dec 1 only.** Contact me for details and for more pictures.



That's all for this month. I look forward to your comments. Keep it natural!

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